# Cricket Risk Management Plan: Westfields Sports High School

## Task/Activity

<table>
<thead>
<tr>
<th>Hazard Identification &amp; Associated Risk Type/Cause</th>
<th>Assess Risk* use matrix</th>
<th>Elimination or Control Measures</th>
<th>Assess Risk* post elim.</th>
<th>Who</th>
<th>When</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students changing in to practical gear for cricket training</td>
<td>- Hygeine / Illness</td>
<td>4</td>
<td>- Change rooms cleaned daily, hygiene practiced taught &amp; encouraged</td>
<td>6</td>
<td>Sport coaches</td>
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<td></td>
<td>- Injury to student</td>
<td>5</td>
<td>- Change rooms monitored for damage</td>
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<td>- Single sex change rooms</td>
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<td>- Access to showers</td>
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<td>- Staff nearby to announce when / if entering</td>
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<tr>
<td>Cricket Training</td>
<td>- Injury to student/s including</td>
<td>5</td>
<td>- Warm up / Cool down</td>
<td>6</td>
<td>Sport coaches</td>
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<td></td>
<td>• Cuts &amp; Abrasions</td>
<td></td>
<td>- Question &amp; Answer session on cricket skills, techniques &amp; injuries</td>
<td>6</td>
<td>Students</td>
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<td></td>
<td>• Bruising</td>
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<td>- Equipment in good condition, match the size strength &amp; ability of students</td>
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<td></td>
<td>• Asthma</td>
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<td>- Protective equipment – cricket helmets must be worn when batting, fielding within 10m of the bat &amp; wicket keeping up to the stumps, in addition wicket keepers &amp; batters must wear a pair of well fitted pads, gloves &amp; genital protector (males)</td>
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<td></td>
<td>• Broken Limbs</td>
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<td>- Correct footwear must be worn at all times – rubber soled cricket boots for hard wickets, spiked cricket boots may be worn for turf wickets</td>
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<td></td>
<td>• Lifting</td>
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<td>- Sports uniform or appropriate clothing must be worn at all times</td>
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<td></td>
<td>- Damage to / Misuse of equipment</td>
<td>5</td>
<td>- Individual programs based on age &amp; sequential development</td>
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<td>- Staff with knowledge of first aid and /or first aid qualifications</td>
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<td>- Well equipped medical kit available</td>
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<td>- Equipment checked by student’s prior to use</td>
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<td>- Equipment returned to storage at end of each session</td>
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</tbody>
</table>
| Supervision of Students | - Student Safety | 2 | - Police check  
- Prohibited Persons Declaration  
- Appropriate Cricket Qualifications and/or Expertise  
- Emergency Care & Anaphylaxis Training  
- Child Protection Training  
- Code of Conduct  
- Principal & Director of Sport to oversee program & facility  
- Questionnaire to be completed prior to cricket training  
- Explanation & Modelling of correct cricket techniques  
- Staff to cease activity at any sign of tiredness or fatigued  
- Competition games & structured practice sessions modified to suit age & ability of students  
- Special care taken with fast bowlers, with Cricket Australia bowling restrictions adhered to (U13 – 4 overs spell / 8 overs per day, U14 – 5 overs spell / 10 overs per day, U15 – 5 overs spell / 12 overs per day, U16 – 6 overs spell / 14 overs per day, U17 – 6 overs spell / 16 overs per day, U18 – 7 overs spell / 18 overs per day, U19 – 8 overs spell / 20 overs per day), in addition U13-U15 - 2 practice sessions per week / 30 balls per session, U16-U17 -2 practice sessions per week / 36 balls per session, U18 – 3 practice sessions per week / 42 balls per session, U19 - 3 practice sessions per week / 48 balls per session  
- Students are instructed to consume water prior to & during session – when batting or bowling in hot weather, fluid intake is more frequent  
- Well equipped medical kit available with Epipen  
- Teacher / coaches regularly assist the Cricket Coach  
- Principal & Director of Sport to oversee program & facility  | 6 | Principal & Director of Sport  
Sport coaches  
Prior / during & after training |
| | - Injury to student/s including  
- Cuts & Abrasions  
- Bruising  
- Asthma  
- Broken Limbs  
- Dehydration  
- Anaphylaxis | 5 |  
| | - Damage to / Misuse of equipment | 5 |  
| | - Hygiene | 4 |  
| Rehabilitation | - Injury to student/s | 2 | - Consultation with Physiotherapist  
- Modified Cricket Program | 6 | Sport coaches  
Prior / during & after training |
### Cricket Facility

- **Injury to student/s**
  - Cricket facility is checked before each session – free of obstructions, loose objects & holes
  - Overlapping boundaries must be avoided, enclosed grounds should have a boundary marked 2m inside fence line
  - Wicket area inspected prior to start of play to ensure suitable standard
  - Umpires, coaches & teacher exercise conservative approach to playing in adverse weather conditions
  - Synthetic coverings & mats used on concrete wickets must be in good condition – no holes, tears or separating seams
  - Cricket nets must be in good condition with any holes repaired, students instructed to watch & be wary of balls hit in net area, safe procedures for fielding balls in net area issued to students, no student to act as wicketkeeper in nets while batting is in progress, nets should be clear of bowlers & fielders before each ball is bowled, designated area for batters to pad up
  - Ice available at venue for treatment of injuries
  - Equipment checked regularly
  - Equipment returned to storage at end of each session / match

- **Damage to equipment**

### Venue and safety information reviewed and attached:

- Yes

### Plan prepared by:

- J Kenny

### Position:

- Director of Sport

### Date:

- 28 March, 2013

### Prepared in consultation with:

- I Gill & D Rixon

### Position:

- Cricket Head Coach & Cricket Coach

### Communicated to:

- Teachers, coaches and parent/carers

### Monitor and Review

- Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs.